

## Risk Assessment: Southport Strollers - Generic Running Groups

Date:	Assessed by:	Location :	Review :
July' 21	Malcolm Teale	General Running & Training Southport or Pinewoods	Oct' 21

**Note:**

- The 'Members Safety Charter' which is published on the website and issued as part of the joining 'welcome pack' covers most generic aspects of a participant's safety responsibilities. EG. Wearing bright reflective clothing
- The 'Training Session Checklist' covers the responsibilities for the organisers, run leaders, group leaders.

Both these documents contain mitigation actions to alleviate risk identified in this assessment.

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Any further Action
Trips, Slips, Falls, uneven surfaces	Participants (runners & leaders)	<ul style="list-style-type: none"> <li>• Member to be reminded to be responsible for their own safety, and others, pavements, kerbs, uneven surfaces. Pick feet up.</li> <li>• During inclement weather advise to be extra careful</li> <li>• Advise on unsuitable footwear</li> <li>• Plan route to ensure well lit areas on dark nights</li> </ul>	L	<ul style="list-style-type: none"> <li>• During particularly severe weather, snow, Ice, wind, cancel session</li> <li>• Advise where there is a specific issue e.g. street lighting inoperative</li> </ul>	L	None
Collisions with cars, other runners, pedestrians, cyclists etc.	Participants (runners & leaders) Third Parties	<ul style="list-style-type: none"> <li>• Participants to be advised that its training activity not a race</li> <li>• Route planning to avoid runners contraflowing in restricted areas</li> </ul>	L	<ul style="list-style-type: none"> <li>• Advise participants that they will not be allowed to participate unless correctly attired in reflective wear,</li> </ul>	L	None

		<ul style="list-style-type: none"> <li>Route planning to minimise road crossing and maximise pavements footpaths</li> </ul>		particularly dark evenings		
Animals, ducks geese, swans, dogs	Participants (runners and leaders)	<ul style="list-style-type: none"> <li>Particularly prevalent around certain paths around the marine lake. Provide advice and reroute if necessary.</li> </ul>	L	<ul style="list-style-type: none"> <li>None</li> </ul>	L	None
Losing Runners	Participants (runners and leaders)	<ul style="list-style-type: none"> <li>Ensure all participants return safely. Each run leader to account for own group</li> <li>Check off against register</li> <li>Participants to be advised to inform group leader if cutting short</li> </ul>	L	<ul style="list-style-type: none"> <li>None</li> </ul>	L	None

For a specific Event/Activity which is outside the area or involves other aspects not covered by the generic assessment a separate assessment should be carried out

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Any further Action
Members Contracting COVID19	Participants (runners and leaders)	<ul style="list-style-type: none"> <li>Following government guidelines</li> <li>Members to book on a session. The number / size of groups will be dependent upon government guidelines (including leaders)</li> <li>Members only and anyone turning up that has not booked will not be allowed to participate</li> <li>Guidance issued to members will be updated when further guidance from Government / EA is provided</li> <li>Members advised to come prepared and not use facilities</li> <li>Group leaders advised to bring face covering and hand sanitiser to use these if they need to get close to a</li> </ul>	L	<ul style="list-style-type: none"> <li>Member/s who do not conform to the guidelines will be advised and ultimately refused</li> </ul>	L	None

		<p>member EG. First aid. No mouth to mouth.</p> <ul style="list-style-type: none"><li>• Members who have COVID19 symptoms will not be allowed to attend</li><li>• Run leaders to plan routes to minimise interaction with other pedestrians</li><li>• Members advised to:<ul style="list-style-type: none"><li>- respect others whilst training</li><li>- give way – distance others or a polite excuse me</li><li>- not put themselves in danger by running in the road</li></ul></li></ul>			
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